

The Space Between Us | Essays

The Emergence No One Owns

Why this phenomenon can't be claimed by any method, model, or tradition

By Anne Sweet

It's been less than a month since Peter Mitchell and I joined Jeff Carreira for the online launch of Peter's book *The* Space Between Us. That conversation opened doors we didn't expect.

What we spoke about — the three years of steady, field-based group work we've been in that the book emerged from clearly landed with people. And from that moment, the pace of this whole thing has taken off in a way neither of us saw coming.

In the past three-and-a-half weeks:

- Interest has come in from all directions. • Our first Between-Us Groups filled almost immediately — three groups will be running across different time zones
- More invitations, interviews, and possibilities have spontaneously appeared.
- And behind the scenes, Peter and I have been building a broader and deeper foundation for the work, and it's happening at a pace that feels both natural and slightly surreal.

What's been striking is how unmistakably the field itself is driving this.

from January onward, with more planned for later in the year.

The living, coherent intelligence that appears when people meet each other directly has its own momentum, its own direction, and its own timing.

For the individual, the impact is often a direct and undeniable shift in how they experience themselves.

The usual mental noise, self-protection, and fixed positions loosen because the field holds a deeper truth more steadily than any individual can. In that atmosphere, people find themselves in contact with the most authentic part of who they are — not because they worked through a method or technique but because something in them recognises itself in the field and reorganises around that resonance.

This is real transformation — not as an idea, but as a lived change in being.



In the relational space, the implications are even more striking.

When a group rests in this level of presence, something remarkable becomes possible: conversations move in ways no single person could steer, insights emerge that belong to everyone and no one, and the usual social patterns — competing, retreating, managing impressions — fall away.

What's left is a shared higher intelligence that is more creative, caring, nuanced, and trustworthy than the sum of the individuals involved.

And what's becoming obvious is that this isn't isolated.

This kind of field-awareness is showing up in pockets all over the world.

Small groups, circles, spiritual communities, research collectives, even some organisational settings... all reporting versions of the same thing: something fundamental is coming alive between people, and it's stronger and more transformative than anything a person can generate on their own.

Most of these places aren't connected to each other. They've arisen independently, often out of sight, with no shared doctrine or method — which is the telling part.

What we're seeing isn't limited to the spiritual dimension, the psychological one, the developmental one — or any of the usual categories. It can't be claimed by any specific framework. It's a natural human capacity that becomes visible when the right conditions support it - a kind of distributed emergence.

At the societal level, this is where the larger possibility shows itself.

The implications aren't abstract — they're structural.

Groups that stabilise this level of coherence function differently. They think differently. They respond to complexity differently. They metabolise conflict differently.

And they generate forms of trust, collaboration, and collective insight that could reshape how communities, organisations, and even civic structures operate.

This is the real promise of the work: personal, relational, and societal transformation arising from the same source—the field itself.

None of this is theoretical for us anymore.

We've seen this capacity express itself in meeting after meeting for three years — and long before that in a previous community devoted to this kind of work.

And now, for reasons we can't pretend to understand, the wider world seems ready to recognise it and take it seriously.

What's unfolding has its own rhythm and intelligence, and we're simply keeping pace with it as best we can, paying attention, and letting it show us each next step.